

# WEAR THIS NOT THAT

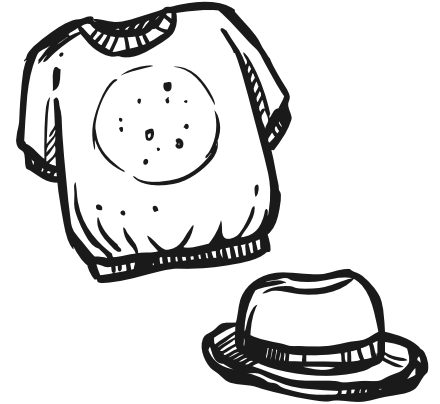
## Spirit Dress-up Guidelines

Spirit days are a great way for your student body to show pride and have fun! However, sometimes our spirit can be unintentionally offensive or exclusive. As student leaders it's our responsibility to create fun days that are inclusive and a positive experience for all of our students, staff and stakeholders. Use this guide to help you be intentional when making spirit day plans.

### STOP!

These themes stereotype people in negative ways. We encourage you not to use the following themes.

- Gangster/Thug/Hood
- Frat-boy
- Gender Wars (Boys/Girls wearing exclusive colors)
- Bad & Boujee
- VSCO Girl / Eboy
- Stoplight (Showing your relationship status based on Red, Yellow or Green)



### CAUTION:

These themes might be OK, but clearer language and expectations and knowing your demographics could be used to make them more inclusive:

- ~~White Out/Black Out~~      Wear All White, Wear All Black or Lights Out
- ~~Hawaiian~~      Tropical / Beach Day
- ~~'Murica~~      America or Red, White & Blue
- ~~Gender Bender / Cross Dress~~      Mix It Up
- ~~Christmas~~      Winter or Ice Out
- ~~Red Neck~~      Country Wear
- ~~Thrift Store~~      Old School / Decades
- ~~Crazy Hair/Socks~~      Wacky Hair / Socks

### GO!

These themes should be inclusive for all:

- Tie-Dye
- Pink Out (Breast Cancer Awareness)
- School Gear
- Decades
- Backwards
- Pajamas
- Wear all one color
- Neon
- Sports / Jerseys
- \*Appropriate\* Scrabble
- Super Hero
- Space / Aliens / Area 51
- Celebrities
- Zombies
- Disney
- Halloween
- Movie Character
- Matching Groups
- Versus (pick 2 themes and let students choose what to wear)
- Emoji
- Clash (polka dots & stripes, black & blue)
- Animals
- Hats



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