

Boundary Breaking

Introduction: You are now going to respond to a series of questions. Every answer you give is absolutely right. No one will question it; simply respond to what you hear. You may say any answer you want, as long as you choose an answer. You may pass at first, and we will come back to you. This is an activity designed to lead to a better understanding of each other when we are through. There will at all times, from here on, be only one person speaking at a time. You may ask to repeat the question or for someone to speak louder. Please try to speak so everyone can hear you. The key to this activity is to listen, if you do, it may change the way you think about the people in this room and the way you think about yourself. This is a safe place to share anything. Anything said in this room will stay in this room and not be shared with anyone unless it concerns your or someone else's immediate health or safety.

Please speak honestly and truthfully. There is no need to discuss or debate answers, whatever you say is absolutely correct. Stick with your first answer; don't change to what you may think others want to hear. Please also disregard anything you may have heard about this activity – it is different absolutely every time because every group is different. This is not a sad or dreary, tear-filled activity. In fact, we often learn more from laughter than we do from tears or sadness. This activity is what you make it, and will be different than any other time you may have done it.

You may temporarily excuse yourself at anytime, but please do so very quietly and respectfully. If you do leave for any reason, please return as soon as possible. We will begin with a different person each time, and rotate clockwise until everyone has answered. The person who finished answering can decide who starts the next round. Are there any questions before we begin?

1. What comes to your mind first when you hear the word reality?
2. What is the most significant book you have ever read?
3. What is the most honest thing you have ever done?
4. What is the most entertaining movie you have ever seen?
5. What is the most beautiful quality about people?
6. What do you like to do most with a free hour?
7. What is the most overwhelming thing you know?
8. What is the greatest problem in your school?
9. What thing makes you feel most humble?
10. If you could choose to be an animal other than a person, what animal would you be?
11. If you could smash one thing, and only one thing, what would you smash?
12. What is the greatest crime one person can commit towards another?
13. Choose a word which best describes your total life up to this moment.
14. When do you sense being most alive?
15. What television show do you like the most?
16. Choose a word which you feel describes old people.
17. What is the biggest waste you know of?
18. What future discovery do you most anticipate?
19. Who do you love most?
20. When you think of children less than three years old, what comes to your mind?
21. What one day in your life would you like to live over?
22. What is the most powerful force in the world today?
23. What three things would you change in your city?
24. What is the worst thing your student council has ever done?
25. What is most valuable about the work your group does in the school?
26. What kind of leadership makes a difference in the world?
27. What is one thing you can guarantee about yourself?
28. Who do you respect the most in your family?
29. What is one thing that drives you crazy about the opposite sex?
30. What is your first thought in the morning?
31. If you had to pick one physical thing from your room to save from a fire, what would it be and why?
32. In one word, what is your purpose?
33. Who is the cutest celebrity ever?
34. What is your best talent?
35. What is your greatest fear?
36. What makes you most self-conscious?
37. What do you want to accomplish while here?
38. Who is the most influential ethnic advocate?
39. What is your favorite animal?
40. Winter or summer?
41. What is the most awkward first impression you have ever made?
42. What is your most embarrassing moment?
43. If you were going to have lunch with the president tomorrow, what would you discuss?
44. If you could give your principal one piece of advice, what would you offer?
45. What about you makes you most proud?
46. When you are upset, who or what cheers you up most?
47. Favorite vacation spot?
48. What is your long term goal?
49. Who is a new friend you met here?

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| 50. | When do kids become adults? | 76. | What word best describes your age group? |
| 51. | What is the benefit in being honest? | 77. | What emotion is strongest in you? |
| 52. | How do you make others feel welcome? | 78. | What is the best gift you could give to someone in your school? |
| 53. | What do you hope people remember most about you? | 79. | Who would you be most nervous to talk to and why? |
| 54. | What time of day do you prefer? | 80. | What event in the last three months stands out in your mind the most? |
| 55. | Country or Rap? | 81. | When are you most vulnerable? |
| 56. | What is your biggest achievement? | 82. | How do you react when people sing "Happy Birthday" to you in a restaurant? |
| 57. | What is your most feared bug? | 83. | If you could live in any location at any point in history, when and where would you most like to live? |
| 58. | As you age, what physical trait do you wish to maintain? | 84. | If you found out your one year old child was switched at the hospital, would you switch them back? |
| 59. | When is it OK to lie? | 85. | If you had to give up one of your five senses, which would you give up? |
| 60. | What are your plans after high school? | 86. | Is it easy for you to show yourself love or speak kindly to yourself? |
| 61. | Mountain or Beach? | 87. | What position do you sleep in? |
| 62. | Favorite scent to a candle and why? | 88. | What qualities draw you towards someone new? |
| 63. | Describe your day with no technology whatsoever. | 89. | If you could restore one broken relationship, which would it be? |
| 64. | What has changed you the most? | 90. | When do you sing? |
| 65. | Describe your identity. | 91. | Would you rather build something yourself or build something with others? |
| 66. | What should you know before making a decision? | 92. | What are dreams? |
| 67. | What is the best trick you know for calming nerves? | 93. | What's the one thing that people always misunderstand about you? |
| 68. | What is the best breakfast cereal and why? | 94. | When do you think a person is ready for marriage? |
| 69. | How would you explain the feeling of music? | | |
| 70. | What makes someone attractive? | | |
| 71. | How do you define respect? | | |
| 72. | What makes you uncomfortable? | | |
| 73. | If you could spend a day with anyone, dead or alive, who would it be and why? | | |
| 74. | How many children are in the ideal family? | | |
| 75. | What is one view others have of you, that you wish you could change? | | |

With 5-10 minutes left to go please end on one of these questions to help synthesize the exercise:

- From this experience I learned...
- After this I will change...
- I now know...
- The most valuable thing I will take from this is...
- In the future, I will apply this information to my life by...

Be sure to thank everyone for sharing, and remind them that nothing is to be shared from this experience with anyone else