

20

#iCANHELP ACTIVITIES

to do at

S C H O O L

- 1 Make a "Compliment Wall" with post-it notes.
- 2 Start a school Instagram page. Post pictures of school sporting events, assemblies, field trips, classroom projects, or other positive school related posts.
- 3 Hang inspirational posters around school.
- 4 Hold a "Kindness Week," where every day is a different theme.
- 5 Do a "High-Five Highway-" line up a bunch of people, and as everyone comes into lunch or school give high-fives.
- 6 E-mail the staff positive pictures.
- 7 Cut out smiley faces and have people write things that make them happy on them. Post.
- 8 "Happy Place Wall." Post a picture or description of your happiest place on earth.
- 9 "Coolest Person on Campus" Submit a picture of someone on campus. Prize to whoever can find and bring them to the leadership room first.
- 10 Interview one person you don't know. Write the person's name and one interesting fact about the person you interviewed. Post.
- 11 Hang inspirational quotes around campus—pick one for announcements each morning.
- 12 Hold a positive video or photo challenge.
- 13 Tape positive messages on the lunch trays or on lockers.
- 14 Make a "What Makes You Happy" wall.
- 15 Have a random act of kindness taped under each desk. The person who sits there has to do it.
- 16 Give a Compliment-Take a Compliment.
- 17 Have everyone write a "love letter" to someone else. Fill up a bin, then at the end of the week pass out.
- 18 Get t-shirts, divide into teams and have each team try to get as many "celebrity" (student) autographs on their t-shirt. Prize for team with the most signatures and for everyone who signed the winning shirt.
- 19 Give out random positive messages.
- 20 Bring in a picture of someone who inspires you and write why. Post pictures and reasons.

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